

कर्मयोगी

an inspirational training for workmen

For workmen, to be equipped with required skills, is an imperative to effectiveness in their daily work. At the same time, they need to look at work as an extension of their personal life. As it is the work that provides for their wellbeing in life.

Knowing the importance of this aspect will help them put their best foot forward in work.

Contents

Starting work

- Well rested
- Positive frame of mind

Active participation in work

- Understand the job well
- Learn & do
- Follow systems
- Taking responsibility of my work

Open to learn

- Accepting change

Quality

- Doing the job perfectly
- Excellence

Discipline

- Absenteeism
- Plan in Advance
- Time is money

Personal Hygiene

- Habits
- Take care of your health

Getting happiness from my work

Take Away

On attending this activity based training, the workmen will look at their work differently and will prepare themselves for a long haul as a valued team member of the organisation.

To benefit from this training workshop as an organization or, an individual or, a group, please [contact us](#).



Objectives

Understand the requirements of an workmen in an industrial setting

Look at work as a primary source of wellbeing in personal life

Who should attend?

Operative level

What is the duration?

1 day, 2 days

[choose duration](#)

Interaction language

Hindi, English, Hindi/ English

Methodology

Multimedia Presentation

Lecture

Facilitated Discussion

Group exercise

Study material

Anecdotes

Role plays

Games

Q & A

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